

Finger Labyrinth Supply List and Preparation Instructions

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THE PROCESS: These finger labyrinths are created by first gluing heavy cotton string onto a canvas panel prepared with your design. Then they are painted with a foundation color. One or more accent colors may be added over the foundation color. Optional embellishments such as rhinestones, shells, stones, buttons, charms, jewelry pieces or other found objects may be added as a final touch.

You may create your finger labyrinth during the workshop, or feel free to simply observe the process during the workshop and create it later. All registrants will get a link to the recording.

Note: the glue must dry before paint can be added. You can begin painting your finger labyrinth in the workshop if you use a hot glue gun to adhere your string. If you use Aleene's Tacky glue, it will need to dry overnight before painting.

LABYRINTH FOUNDATION SUPPLIES - Step 1

One canvas panel Various sizes of labyrinth templates are included, which can be used on canvas panels size 8" x 8", 8" x 10", 10" x 10", 10" x 14", 12" x 12" or 12" x 16." *Stretched canvas is not recommended.*

Heavy cotton string/cord: Approx, 1/8" - 5/32" diameter. You may need 5-6 feet depending on design selected.



One sheet of graphite transfer paper (or a colored transfer paper such as red or blue) the approximate size of your canvas panel or smaller. (Alternatively you can apply a soft graphite pencil onto the back of the pattern for transferring, this method will be demoed in the workshop)

Ballpoint pen

Tape, scissors, ruler

Glue: Either a hot glue gun, (lo-temp is recommended, plus a glue gun stand or holder such as an old coffee mug, and 2-3 hot glue sticks) OR Aleene's Tacky glue. Note if using Aleene's, your project will need to dry overnight before painting. Standard school glue (such as Elmers) *is not suitable* for this project.

Craft surface to work on to protect your table, such as a piece of poster board, corrugated cardboard (or aluminum foil-covered cardboard.)

Optional: one toothpick, wood skewer, or long pin for positioning the glued string.

Downloadable template (print out one copy of your selected labyrinth design from pages 3-11 of this document.)

PAINTING SUPPLIES - Step 2

Acrylic paint in a main color and an accent color. (Gold, silver or metallic colors are great accents!)

Paintbrush(s) (and a natural sponge, if desired)

Paper plate or plastic container lid to use as a paint palette

Paper towels, water in container for cleaning brushes

Additional supplies such as sealer and embellishments, are optional and may be added later. More info on these will be available at the workshop.

You may seal your painted finger labyrinth with acrylic medium or varnish, or Mod Podge. Since this is a tactile item, choose the kind of finish that you prefer to touch: satin, gloss or matte (I personally love the satin finish.) Some of these sealers are available in iridescent or glitter versions.

EMBELLISHMENT SUPPLIES - Step 3

Rhinestones, sequins, shells, buttons, or other found objects as desired. Or use a contrasting color paint with stencils when painting.

T-shirt paint or glue for adhering embellishments
Optional: sawtooth hanger or ribbon for hanging.

Finger Labyrinth Pattern Instructions

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1. CHOOSE YOUR PATTERN: You may choose from the smaller, (easier) three-circuit designs or the larger, seven-circuit designs. The seven-circuit designs come in two sizes: medium and large. The size canvas panel you have available or are able to obtain may influence your choice. (Note: canvas panels, also called canvas boards, are recommended; stretched canvas is *not* recommended.) Choose from these patterns:

- **Small**, three-circuit labyrinth (suitable for an 8" x 8" or 8" x 10" canvas panel)
- **Medium**, seven-circuit labyrinth (suitable for a 10" x 10" or 10" x 14" canvas panel.)
- **Large**, seven-circuit labyrinth (suitable for a 12" x 12" or 12" x 16" canvas panel.)

If this is your first finger labyrinth workshop with me, you might like to choose the smaller size first to get familiar with the process. If you have made one of these in a previous workshop, you may want to try a different size or entrance orientation, or a double labyrinth. (Use an 8" x 16" canvas for a double three-circuit labyrinth or a 10" x 20" or 12" x 24" canvas panel for a double 7-circuit labyrinth). *Making a double labyrinth is only recommended for students who have experience making one of the single labyrinths.*

2. PRINT OUT pattern page(s) needed for your selected version, and have your pattern available with your other supplies for the workshop.

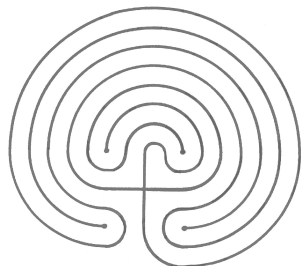
3-circuit,
LEFT
entrance



3-circuit,
RIGHT
entrance



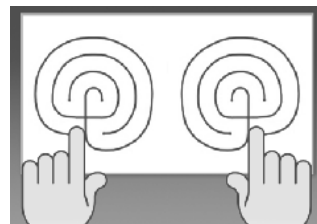
7-circuit,
LEFT
Entrance



7-circuit,
RIGHT
Entrance



Sample of advanced
Project: Dual labyrinth

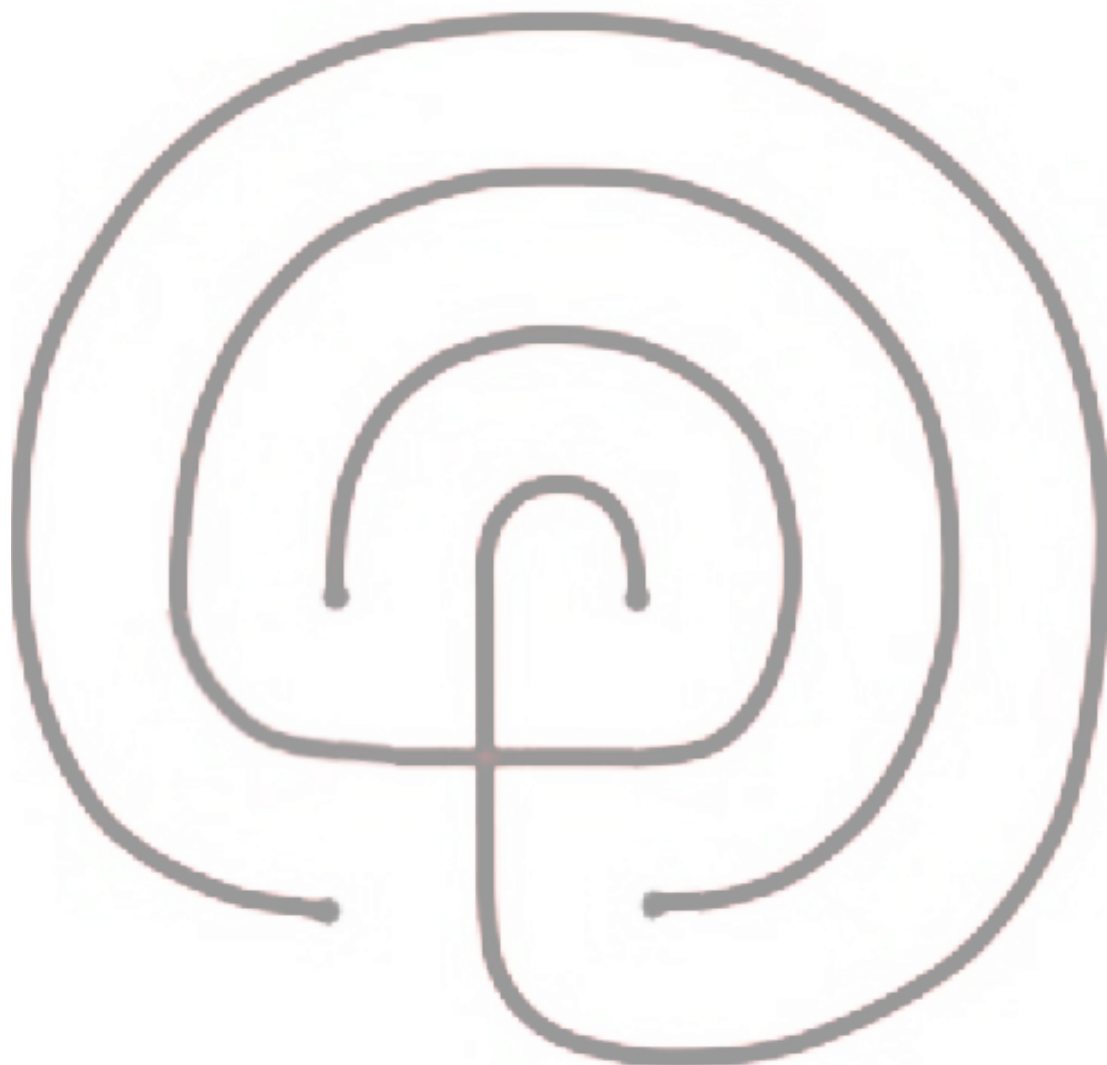


Small Three-Circuit Classical Labyrinth Pattern

LEFT entrance

Suitable for 8" x 8" or 8" x 10" canvas panel

Cut out pattern on dotted lines.



LEFT

Small Three-Circuit Classical Labyrinth Pattern

RIGHT entrance

Suitable for 8" x 8" or 8" x 10" canvas panel

Cut out pattern on dotted lines.



RIGHT

Medium Seven Circuit Classical Labyrinth Pattern

LEFT entrance

Suitable for 10" x 10" or 10" x 14" canvas panel



Medium Seven Circuit Classical Labyrinth Pattern

RIGHT entrance

Suitable for 10" x 10" or 10" x 14" canvas panel

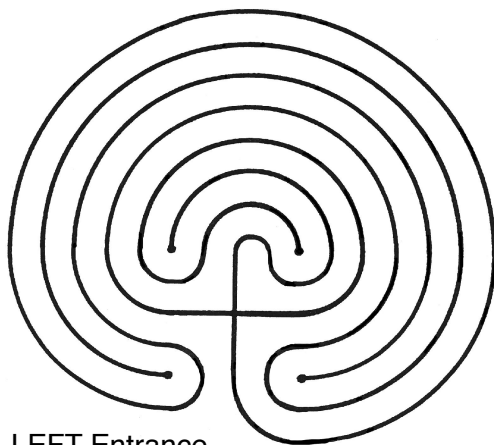


Large Seven-Circuit Classical Labyrinth Pattern For Finger Labyrinth

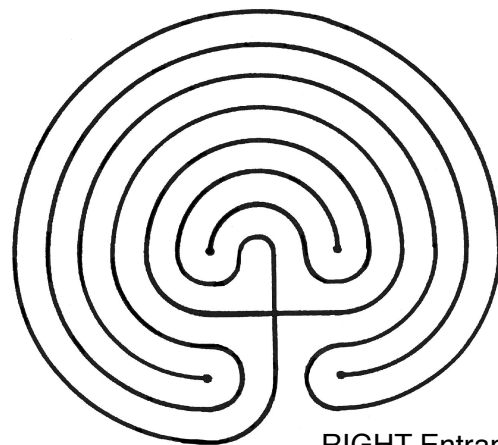
Suitable for 12" x 12" or 12" x 16" canvas panel

1. Determine if you want a left or right entrance.
2. For left entrance, print out pages A and B, tape pattern pieces together
3. For right entrance, print out pages C and D, tape pattern pieces together

TIP: use light box or place copies on a window for ease in lining up. You do not need to tape these pattern pieces together before the workshop.



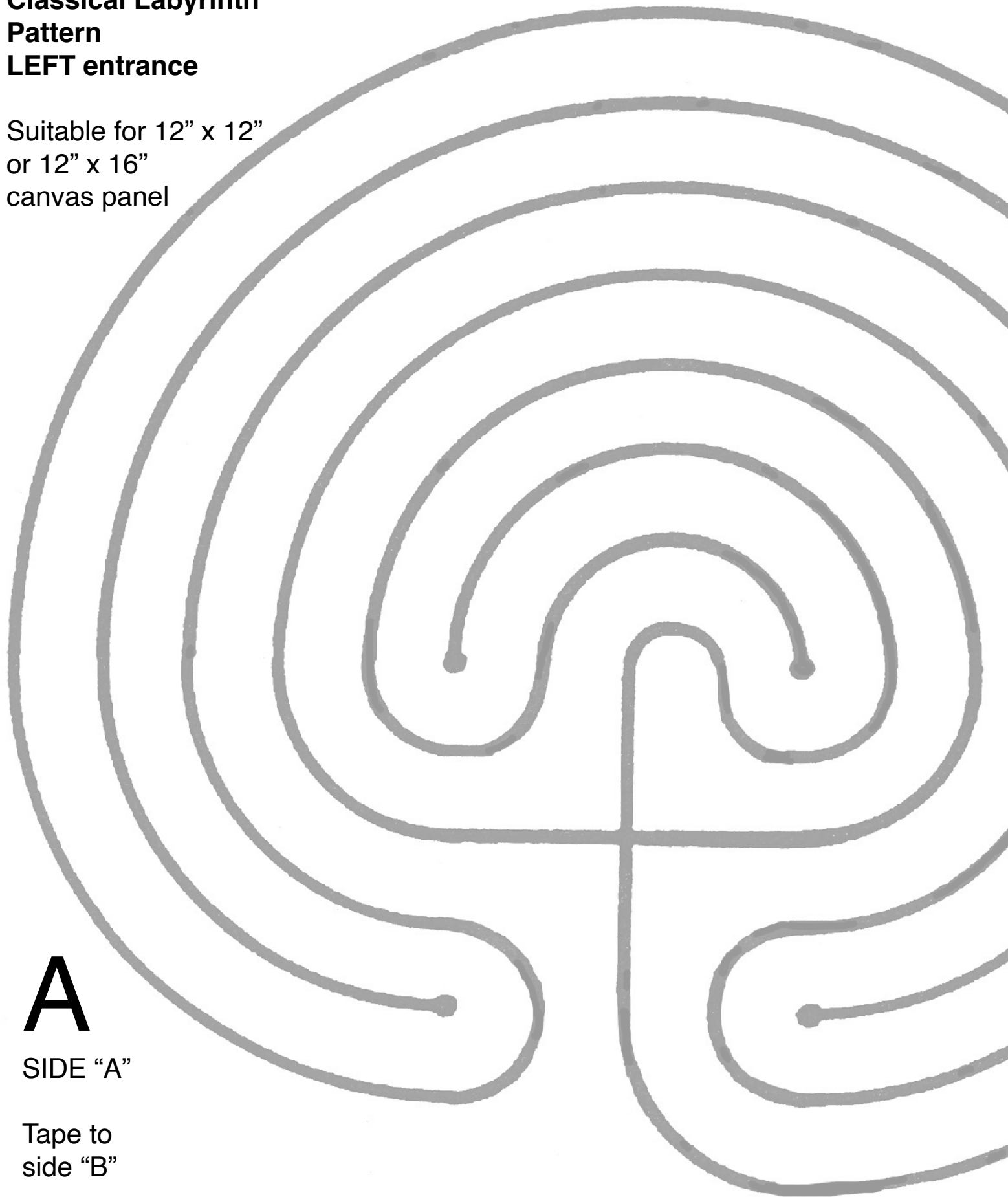
LEFT Entrance



RIGHT Entrance

**Large Seven Circuit
Classical Labyrinth
Pattern
LEFT entrance**

Suitable for 12" x 12"
or 12" x 16"
canvas panel



A

SIDE "A"

Tape to
side "B"

**Large Seven
Circuit Classical
Labyrinth
Pattern
LEFT entrance**

Suitable for 12" x
12" or 12" x 16"
canvas panel



B

SIDE "B"

Tape to
side "A"

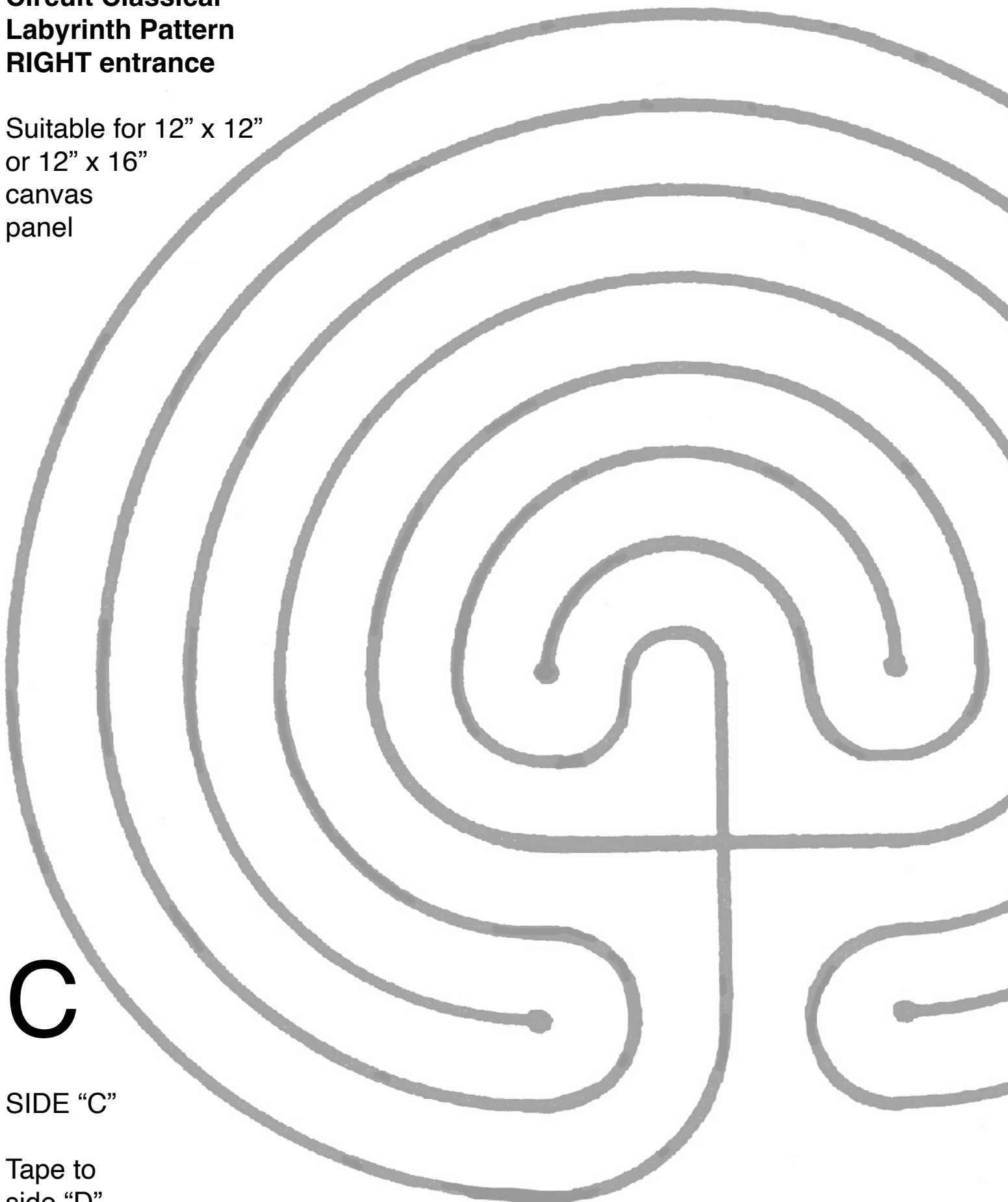
**Large Seven
Circuit Classical
Labyrinth Pattern
RIGHT entrance**

Suitable for 12" x 12"
or 12" x 16"
canvas
panel

C

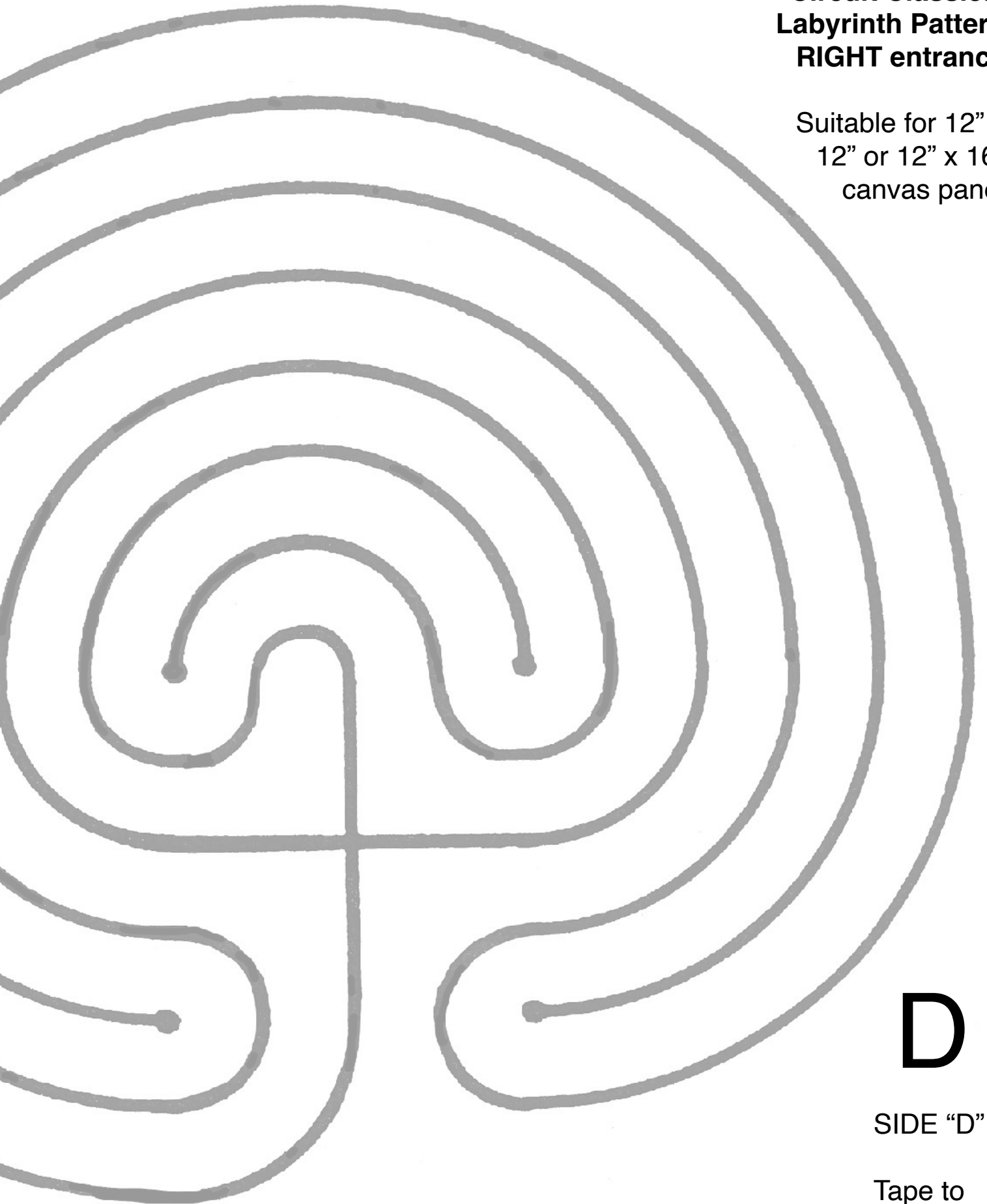
SIDE "C"

Tape to
side "D"



**Large Seven
Circuit Classical
Labyrinth Pattern
RIGHT entrance**

Suitable for 12" x
12" or 12" x 16"
canvas panel



D

SIDE "D"

Tape to
side "C"