

Equinox Goddess Shrine 2022 Supply List and Info

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YOU WILL NEED:

For Painting:

- At least 2 colors of acrylic paint (please see sidebar at right for details)
- Brush, and/or natural sponges (kit includes sponge brush.)
- Paper plate or plastic container lid (to use as a palette)
- Water container
- Paper towels
- Printer access, paper and card stock (for printing templates, patterns etc)

For adhering paper to your shrine (opt./ if desired)

- Mod Podge, brush, water container (kit includes sponge brush.)

For Embellishing: (as desired, such as:)

- Glue (see glue info sheet)
- Embellishments such as old jewelry, beads, fabric flowers, lace, ribbons etc. (kit includes lots, but you may want more!)

Optional: (as desired/needed such as:)

- ruler, pencil, scissors, Sharpie pen, stencils, paper punches
- Tweezers are very useful
- Craft knife & mat (if you are used to using one and want to cut small areas with accuracy. Kit includes a nice little craft mat.)
- small pliers (to deconstruct jewelry pieces if desired)

Goddess Shrine Kit (will be sent to you)

Goddess figurine by Mission Studios (SRP \$24)

Unfinished wood shrine base (can stand or hang)

Goddess figurine stand

Holographic prismatic foil sticky back paper (4 colors)

Individualized goddess message/quotation

Sandpaper, toothpicks, Q-tips

Doo-mama Kit (the feminine version of Doo-dad) which

includes: metallic pony beads, specialty beads, rhinestones, ribbons, trims, charms, bead lengths, assorted old jewelry pieces, fabric flowers and/or tassels or bows, unfinished wood shapes, and other assorted Doo-mamas. Each kit is unique and curated for each specific goddess. Samples shown on the website were made using the items in the Doo-mama kit.

ACRYLIC PAINT

There are many choices for acrylic paint. Tube paints, (rather than those in bottles) are thicker and offer better coverage, but if you already have the bottled variety, they'll be fine, you may just need to add multiple coats. Metallic or pearlescent colors are especially fun. Michael's "Artist Loft" brand has several sets with multiple colors, the one pictured below (Item # 10516993) has 24 small (0.7 oz) tubes, including metallic and neon colors, for \$12-\$14 with a coupon (Coupons are available regularly.) This is a great choice if you plan to use acrylic paints for other projects, and it's nice to have a wide selection of colors to choose from. If you think you may not use acrylic paints for anything else, you may just want to get 1 or 2 separate tubes of paint in your selected colors.



This Artists Loft set (at right) has 32 VERY small (0.4 fl. oz./12 mL) tubes, sale price is \$11 (regular \$15). (Item # 10622008.)

Sets are available with fewer colors.



In 1967 Jan Wetstone invented Mod Podge, the first water-based decoupage medium. Her most famous project was a floral Mod Podged VW bug!

Mod Podge

OVA Art & Craft Supply Info
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Please note: OVA Art & Craft Supply Info pages provide info about products which may be required or may only optional, these Info pages are not supply lists, and may only be included in your packet to inspire other creative ideas. Please reference your workshop supply list for specific information about required supplies.)

MOD PODGE - General Info

Mod Podge is a multi-purpose, all-in-one glue, sealer, and finish. It is used to adhere fabric or paper images to a surface. Milky when applied, Mod Podge quickly dries clear.

Mod Podge can be applied to wood, paper mache, canvas, metal, terra cotta, hard plastic, glass and more. The surface should be cleaned if needed, and when dry, a basecoat of acrylic paint can be applied.

In OVA workshops, Mod Podge is primarily used when applying a paper with designs on it to a surface such as prepared wood or paper mache.

Mod Podge gets applied to three surfaces! First it is applied to both the back side of the printed paper and to the surface it will adhere to, as a glue. Apply the printed paper to the surface, smoothing out wrinkles or bubbles. Then brush over it with more Mod Podge. Unlike other glues that cause images to bleed, Mod Podge prevents the colors/inks from bleeding.

Mod Podge is commonly available in matte or gloss finishes. The satin finish is a little harder to find but is my favorite finish for most projects when I can get it. (If I can't, I just mix some matte and gloss together.)

Mod Podge is available in sizes up to 64 ounces! But for most OVA workshops, one small (4 ounce) bottle is more than sufficient. (These small bottles are often available in dollar stores.)

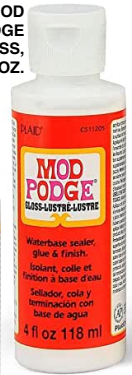
More details on how to use Mod Podge will be offered in your workshop.

This handy decoupage glue comes in a variety of additional finishes such as glitter, pearl, glow-in-the-dark, a fabric version, and more!

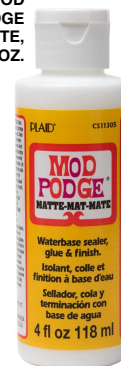
You can download "The Ultimate Guide to Mod Podge" for free here: <https://plaidonline.com/free-crafting-ebooks/the-ultimate-guide-to-mod-podge>

"Mod Podge" is short for "modern decoupage."

MOD
PODGE
GLOSS,
4 OZ.



MOD
PODGE
MATTE,
4 OZ.



MOD
PODGE
SATIN,
16 OZ.



SPONGE
BRUSHES
WORK WELL
WITH MOD
PODGE

SPECIALTY MOD
PODGE:
GLITTER, AND
GLOW-IN-THE-
DARK



Brushes & Sponges

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For most workshops, a round, pointed brush for details, and a larger, flat brush (about 1/2" - 3/4" wide) for covering larger areas may be all you need. Q-tips or toothpicks may be useful for nudging paint around. Other options are below.

Examples of inexpensive brushes:

1. "Disposable" blusher brushes (used for cosmetic demos) can be cleaned and reused many times. Tip: use one brush for each color of paint.
2. & 3.: Eyeshadow brushes from a dollar store set, these have full bristles and short handles.
- 4 & 5: Contouring makeup brushes are flat with a rounded contour. These have fuller bristles that pick up a lot of paint, and are great for covering larger areas when painting papier mâché or wooden items such as Myla's magic wand in progress here. These brushes were from the dollar store.
6. A scrawny brush that came in a kid's painting kit, not recommended for painting, although it can be useful for glueing.
7. A large blusher brush is too fluffy and unwieldy for painting, but can be useful for brushing away dust or glitter.



Art by Myla, age 5

Sponge brushes are cheap and can be handy



Stencil brushes can be made from sponge or bristles, their flat surface makes them useful for stencilling/pouncing.



Natural sponges are great for layering paint and creating texture. Each sponge has its own natural pattern. A reasonable facimile can be created by pinching bits off of a human made sponge to create an irregular texture.



TIP: When cleaning paint off brushes, wipe the excess paint off the brush with a paper towel before swishing it in a container of water — the water will stay cleaner, longer.

Glitter and Gluesticks

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GLITTER

Glitter is lovely but can be oh so messy! In OVA workshops we often use glitter T-shirt paint which is much easier and cleaner. This is essentially thick acrylic paint (which dries clear) with glitter suspended in it. (Note: Standard Glitter GLUE is never recommended.)

Glitter T-shirt paint is available in the usual gold and silver, but also many colors (and often on sale after the holidays because uninitiated retail people believe glitter is only good for holidays - please don't reveal our dark secret so they will continue to put them on sale!)

Two brands I like are Tulip and Scribbles, shown at right. They are available at art/craft supply stores like Michaels, Joanns, and also Amazon. (Note: I do not shop at Hobby Lobby due to their draconian employee policies regarding women's health.)

This is one of the last embellishments to add, so if you can't get it before the workshop, you can always add it later.

Two ways that I use glitter T-shirt paint:

1. I use a little bead of glitter T-shirt paint to act as glue for rhinestone application, the glitter shows around the edges when you push the rhinestone down into it, and looks great. You can apply glitter T-shirt paint to paper, wood or fabric that will not be washed.
2. I also brush it on for a veil of glitter effect.



GLUE STICKS



Gluesticks are always useful when gluing paper, I find that Uhu is the best, although is not always as easy to find as the other brands. (Amazon has it.) All glue sticks, once opened, will stay moist longer if stored in a zip-close plastic bag.

Glues

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For most workshops requiring glue, you may need hot glue and/or Aleene's Original Tacky Glue.

GLUE GUNS: LO-TEMP RECOMMENDED

A small, lo-temp glue gun can be found for under \$5 at local art/craft stores like Joanns or Michaels, a little higher on Amazon.

Lo temp is recommended unless you are an avid crafter experienced with using a high temp glue gun because ouch!

You'll need to get extra lo-temp or all-temp gluesticks unless the glue gun comes with more than 5-10 sticks.

An old coffee mug with a stable, flat bottom makes a good holder while working with a hot, drippy glue gun.

Wooden toothpicks can help nudge the hot glue around.

← Glue sticks are also available in glitter! Woooo hoooo!

Advantage: Hot glue dries almost instantly Disadvantage: hot temp requires care to use



ALEENE'S TACKY GLUE

Aleene's Original Tacky Glue is an all-purpose adhesive that works on many surfaces, in OVA workshops we often use it on wood or paper mache bases. Its thick, tacky formula grabs items on contact and dries clear, strong and permanent. Its nontoxic and cleans up easily with soap and water before drying. Drying time is approximately 30-50 minutes (depending on humidity and air temperature.)

Available in sizes from 2 oz. shown) to a gallon! Two ounces is plenty for any OVA online project, and I have found this size in the dollar stores when I am lucky! Also available on Amazon.

Advantage: no burning fingers with hot temperatures!

Disadvantage: Takes 30-50 minutes to dry

