

PLEASE READ THIS PAGE FIRST: Day of the Dead Shrine 2022: PREPARATIONS

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This 9-page document includes lots of information about suggested supplies. If you have taken OVA online workshops before, you may already be familiar with some of this information and you probably have most of these supplies. Since this doc is mainly for reference, you don't need to print it out, although you may want to print the Supply List on page 2 so you can doublecheck your supplies. If you have time to do the preparations below, you'll save time in the workshop, but don't worry, it's fine to do it all in class.

Preparations

- 1. Select your honoree.** Who would you like to honor in your shrine? A personal loved one - 2 legged, four legged or winged? Or a favorite celebrity: Frida Kahlo and Elvis are popular, or perhaps a favorite artist? Celebrities who have left us since Day of the Dead 2021, include: Betty White, Olivia Newton-John, Nichelle Nichols, Nightbirde (Jane Marczewski), Naomi Judd, Hank Aaron, Harry Belafonte, Ray Liotta, Desmond Tutu, Bob Saget. You'll need a photo of your honoree (or an image that represents them). Your pdf handouts include photos of the celebrities listed. If you have a precious photo of a loved one, consider making a color copy of it to use for your shrine, enlarging or reducing it as needed. Size: around 3" x 4" is great, but any size from about 2" x 2" - 4" x 4" or so will work, depending on the size of your box. If you need help resizing a photo, be ready to email me a jpeg during the workshop and I can do it for you.
- 2. Print out your selected pages from the pdf downloads.** Paper and card stock are recommended, both are useful for this workshop, but you can use just one or the other. Paper is easier to cut and fold, but it is not as sturdy as card stock. More info on how to choose which pages to print is on page 2 of this document.
- 3. Cut circles ahead of class, if desired.** Many of the flowers for this workshop will be made from 1-inch diameter circles cut from printer paper or card stock. If you'd like to save time in class, you can cut out at least six, one-inch circles of each color you want to try for flowers. The "Circle Patterns for Flowers" document is primarily one-inch circles, which you can print out on your Astrobrights card stock or paper, and cut out. **However, a 1-inch circle paper punch makes this quick and easy-** so you don't need to print that page, just punch out circles from a blank sheet of paper or card stock. I recommend Fiskars, they are a little pricier than other brands, but if your punch breaks or malfunctions, they will replace it. If you buy it at Michael's or JoAnn's, you can often use a coupon. Fiskars paper punches will punch through both paper and card stock easily (not all brands of punches do well with card stock.) Two styles are shown at right: the squeeze punch and the lever punch (if you have a tendency toward arthritis, you will likely find one of these styles easier for you to use.) The size they call "medium circle" is one-inch diameter (but always double check the packaging to be sure!) A 3/4" diameter circle punch is a less standard size, but handy to have also if you want to make different size flowers.
- 4. Cut two strips** 1-1/4" wide by 8.5" (the width of the paper.) If you are using both card stock and paper for your project, cut one of each so you can compare how they work. Any color is fine.
- 5. Cut one strip from PAPER** in a flower color, about 1 inch x 3 inches.
- 6. Cut three squares from PAPER** in a flower color, about 2.5" x 2.5" square.
7. Set aside precut strips and squares so you can find them easily during the workshop.



Day of the Dead Shrine 2022: Instructions and Checklist for Printable pages

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*You can choose which pages to print, and if you have a home printer, you can even decide during the workshop.
If you send your pages electronically to a local print shop ahead of time, such as Office Depot or Staples, choosing the 28 lb paper
(heavier than standard 24 lb) costs a few cents more but results in a much nicer color copy.
Standard copy paper is typically 24 lb.*

__Circle Patterns for Flowers:

Print this page on assorted colors IF you do not have a 1-inch circle punch. Print on paper or card stock, following printing instructions on the pdf. (If you have a 1-inch circle punch you don't need to print this unless you want to try the other size circles.)

__Candles:

Optional. Print this page on white or colored CARD STOCK for best results (although heavier weight printer paper will work.)

__Talavera Tiles page 1

Optional. Print in color on standard white copy paper (24 lb) or heavier paper (28 lb.)

__Talavera Tiles page 2

Optional. Print in color on standard white copy paper (24 lb) or heavier paper (28 lb.)

__Mexican Otomi Design Elements

Optional, but highly recommended. Print in color on standard white copy paper (24 lb) or heavier paper (28 lb.)

__Day of the Dead 2022 Design Elements

Optional but highly recommended. Print in color on standard white copy paper (24 lb) or heavier paper (28 lb.)

__Monarch Butterflies and Papel Picado

Optional, print only if you want to use these design elements. Print in color on standard white copy paper (24 lb) or heavier paper (28 lb.)

__CELEBS 1 or CELEBS 2

Optional. You only need to print one of these pages if you plan to use one of the celebrity images in your shrine. Print in color on standard white copy paper (24 lb) or heavier paper (28 lb.)

__ 3D Skulls Day of Dead 2022 Optional. Print this page on white or colored CARD STOCK for best results (although heavier weight printer paper will work.)

__Wings Day of Dead 2022 Optional. Print this page on white or colored CARD STOCK for best results

Additional images are available online by searching, including at: <https://www.bancodeimagenesgratis.com/2021/10/Dia-de-Muertos-La-coleccion-mas-bonita-de-imagenes-postales-tarjetas-dibujos-e-ilustraciones-Mas-de-100-imagenes-para-ver-disfrutar-y-compartir.html> (Scroll down the page and click on images. You may want to click on translation if your device supports that.)

Day of the Dead Shrine 2022 Supply List and Info

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YOU WILL NEED:

(Please find additional explanatory info about *starred* items on additional pages.)

Basic Tools & Supplies:

- A recycled cardboard box.*
- A photo of your honoree (or choose one of the celebrities in the pdf handouts)
- Glue* (see glue info sheet. Both Aleene's Tacky Glue and a hot glue gun will be useful for this project, and a glue stick.)
- ruler, pencil, sharp scissors. Tape may be useful.
- At least 2 colors of acrylic paint (info in sidebar at right)
- Brush (a 1" - 2" cheap house painting brush is great), and/or natural sponges.*
- Paper plate or plastic container lid (to use as a palette), additional paper plates for sorting small pieces
- Water container, paper towels, protection for work surface

Printer access / card stock and paper.* (for printing templates, patterns etc. Note: you can purchase card stock and paper for printing at home, or you can order your printed copies online and simply select the colors of paper or card stock you prefer.)

For adhering flat paper decorations to your shrine (opt./ if desired)

- Mod Podge* (and brush)

For Embellishing: as desired:

- Embellishments such as old jewelry, beads, feathers, rhinestones, sequins, bottle caps, fabric flowers, lace, ribbons, scraps of glittery paper including metallic wrapping paper, plastic Mardi Gras beaded necklaces, holiday tinsel trims, yarn, string, thread.
- Glitter T-shirt paint

Optional: (as desired/needed such as:)

- Sharpie pen, stencils, paper punches (especially circles and flowers. A one-inch circle punch will save lots of scissor cutting. A standard 1/4" hole punch can be useful.)
- Tweezers, tape
- Bone folder or spoon (for getting crisp creases)
- Small pliers (to deconstruct jewelry pieces if desired)
- If you want to include the textures of fabric, you may want to include felt. Standard, cheap, polyester felt sheds and does not perform very well, consider felt which is part wool, rayon or bamboo. Lace and ribbon trims offer nice touches also.

ACRYLIC PAINT

There are many choices for acrylic paint. Tube paints, (rather than those in bottles) are thicker and offer better coverage, and are especially good for the base coat. If you already have the bottled variety, they'll be fine, you may just need to add multiple, thinner coats. Metallic, pearlized or neon colors are especially fun. Michael's "Artist Loft" brand has several sets with multiple colors, the one pictured below (Item # 10516993) has 24 small (0.7 oz) tubes, including metallic and neon colors, for \$12-\$14 with a coupon (Coupons are available regularly.) This is a great choice if you plan to use acrylic paints for other projects, and it's nice to have a wide selection of colors to choose from. If you think you may not use acrylic paints for anything else, you may just want to get 1 or 2 separate tubes of paint in your selected colors.



This Artists Loft set (at right) has 32 VERY small (0.4 fl. oz./12 mL) tubes. In Sept 2022, the sale price is \$11 (regular \$15). (Item # 10622008.) Sets are available with fewer colors.



Recycled Cardboard Box

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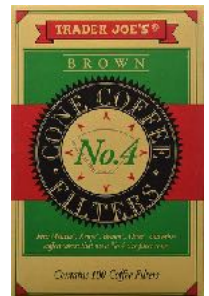
RECYCLED CARDBOARD BOX OPTIONS

The box you choose will determine the size of your shrine, medium or smaller boxes are more manageable for a class project.

In general, you want a medium to smaller size box such as boxes for macaroni & cheese, crackers, Mallomars, etc. You may want to have a couple available to choose from.

If the height of the box is about 1.5 - 2 times taller than the width of the box, that is a nice proportion, although almost any box will work. Choose a solid box (ie without a clear plastic window) unless you have a creative idea for using that kind of box.

Examples are shown below (disclaimer: most of my boxes are from non-standard items since my diet is gluten-free and dairy free, so I eat a lot of weird stuff!)



Astrobrights Paper & Card Stock

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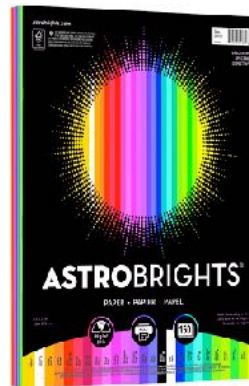
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ASTROBRIGHT PAPER and CARD STOCK- General Info

Astrobrights card stock and/or paper are recommended in most OVA workshops, assortments are available at office supply stores, Target, and Amazon. (If you only want a couple of sheets, sometimes the printing department of the office supply store will sell you individual sheets.)

Many OVA online workshops call for either Astrobrights card stock and/or paper, including the annual Day of the Dead workshops and the Astrology Collage workshops. The paper is easier to cut and fold, but not as sturdy as card stock.

Astrobrights CARD STOCK is available in 25 colors, 8.5" x 11", 65 lb / 176 gsm. "Spectrum" 25-Color Assortment has 75 sheets, 3 sheets of each color, the extra bright white included in the assortment is excellent for printing color images on. (In Sept 2022 this was under \$10 at Amazon.) https://www.amazon.com/Neenah-80944-01-Astrobrights-Colored-Cardstock/dp/B01LX0UJBN/ref=sr_1_2?dchild=1&keywords=astrobrights+cardstock&qid=1634266975&sr=8-2



Astrobrights PAPER is heavier than regular copy paper and is good for many applications. 8.5" x 11", 24 lb/89 gsm, "Spectrum" 25-Color Assortment, 150 Sheets, six sheets of each color. (In Sept 2022 this was under \$10) https://www.amazon.com/Astrobrights-Spectrum-25-Color-Assortment-80933-01/dp/B01GUUARV0/ref=sxsts_rp_s_1_0?content-id=amzn1.sym.14b5a3ec-ddf3-42f1-bf1e-8515f8d25a34%3Aamzn1.sym.14b5a3ec-ddf3-42f1-bf1e-8515f8d25a34&crd=2G6UNUKQ1BEI9&cv_ct_cx=astrobrights+paper+assorted&keywords=astrobrights+paper+assorted&pd_rd_i=B01GUUARV0&pd_rd_r=aa4c3513-faf2-4582-a30d-6b74305ab493&pd_rd_w=qhT1P&pd_rd_wg=9VLj3&pf_rd_p=14b5a3ec-ddf3-42f1-bf1e-8515f8d25a34&pf_rd_r=278JEA21FAS6FT5MKDGY&psc=1&qid=1662092403&srefix=astrobrights+paper+assorted%2Caps%2C96&sr=1-1-f0029781-b79b-4b60-9cb0-eeda4dea34d6

Other options for small pieces of colored paper are memo cubes or post-it notes in bright colors. Some 3" x 5" / 4" x 6" index cards are available in bright or neon colors and are a good source for small pieces of card stock, unruled cards are preferable, but ruled works.

Note: If you want to use papers in your project that can't go through the printer, (such as metallic or glitter papers) you can print the templates on any card stock, cut out the shapes, and use those shapes to trace on any other type of paper.

CARD STOCK RECOMMENDATION FOR PRISMACOLOR PENCIL WORKSHOPS

If you are taking a Prismacolor Pencil workshop where you will be using white card stock (not black paper), a vellum finish card stock is essential This is a slightly textured surface, not shiny—Prismacolor pencils don't like to draw on the standard, shinier surface (often referred to as "smooth white cover.")

Neenah White Exact Vellum Bristol Cover Stock, 8-1/2in. x 11in., 67 Lb., is recommended for Prismacolor workshops and is also useful for any other OVA workshops which require white card stock.

https://www.amazon.com/Wausau-Vellum-Bristol-Cardstock-81328/dp/B000061DLW/ref=sr_1_2?crd=2267M0KK856Z1&keywords=neenah%2Bcard%2Bstock%2Bwhite%2Bvellum&qid=1662094400&srefix=neenah%2Bcard%2Bstock%2Bwhite%2Bvellum%2Caps%2C60&sr=8-2&th=1

In 1967 Jan Wetstone invented Mod Podge, the first water-based decoupage medium. Her most famous project was a floral Mod Podged VW bug!

Mod Podge

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MOD PODGE - General Info

Mod Podge is a multi-purpose, all-in-one glue, sealer, and finish. It is used to adhere fabric or paper images to a surface. Milky when applied, Mod Podge quickly dries clear.

Mod Podge can be applied to wood, paper mache, canvas, metal, terra cotta, hard plastic, glass and more. The surface should be cleaned if needed, and when dry, a base coat of acrylic paint can be applied.

In OVA workshops, Mod Podge is primarily used when applying a paper with designs on it to a surface such as primed cardboard, wood, or paper mache.

Mod Podge gets applied to three surfaces! First it is applied to both the back side of the printed paper and to the surface it will adhere to, as a glue. Apply the printed paper to the surface, smoothing out wrinkles or bubbles. Then brush over it with more Mod Podge. Unlike other glues that cause images to bleed, Mod Podge prevents the colors/inks from bleeding.

Mod Podge is commonly available in matte or gloss finishes. The satin finish is a little harder to find but is my favorite finish for most projects when I can get it. (If I can't, I just mix some matte and gloss together.)

Mod Podge is available in sizes up to 64 ounces! But for most OVA workshops, one small (4 ounce) bottle is more than sufficient. (These small bottles are often available in dollar stores.)

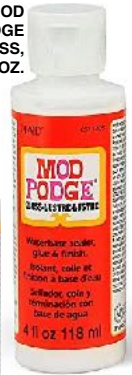
More details on how to use Mod Podge will be offered in your workshop.

This handy decoupage glue comes in a variety of additional finishes such as glitter, pearl, glow-in-the-dark, a fabric version, and more!

You can download "The Ultimate Guide to Mod Podge" for free here: <https://plaidonline.com/free-crafting-ebooks/the-ultimate-guide-to-mod-podge>

"Mod Podge" is short for "modern decoupage."

MOD
PODGE
GLOSS,
4 OZ.



MOD
PODGE
MATTE,
4 OZ.



MOD
PODGE
SATIN,
16 OZ.



SPONGE
BRUSHES
WORK WELL
WITH MOD
PODGE

SPECIALTY MOD
PODGE:
GLITTER, AND
GLOW-IN-THE-
DARK



Brushes & Sponges

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For most workshops, a round, pointed brush for details, and a larger, flat brush for covering larger areas may be all you need (about 1/2" - 1" wide, cheap house painting brushes are fine for this). Q-tips or toothpicks may be useful for nudging paint around. Other options are below.

Examples of inexpensive brushes:

1. "Disposable" blusher brushes (used for cosmetic demos) can be cleaned and reused many times. Tip: use one brush for each color of paint.
2. & 3.: Eyeshadow brushes from a dollar store set, these have full bristles and short handles.
- 4 & 5: Contouring makeup brushes are flat with a rounded contour. These have fuller bristles that pick up a lot of paint, and are great for covering larger areas when painting papier mâché or wooden items such as Myla's magic wand in progress here. These brushes were from the dollar store.
6. A scrawny brush that came in a kid's painting kit, not recommended for painting, although it can be useful for gluing.
7. A large blusher brush is too fluffy and unwieldy for painting, but can be useful for brushing away dust or glitter.



Sponge brushes are cheap and can be handy



Stencil brushes can be made from sponge or bristles, their flat surface makes them useful for stencilling/pouncing.



Natural sponges are great for layering paint and creating texture. Each sponge has its own natural pattern. A reasonable facsimile can be created by pinching bits off of a human made sponge to create an irregular texture.



TIP: When cleaning paint off brushes, wipe the excess paint off the brush with a paper towel before swishing it in a container of water — the water will stay cleaner, longer.

Glitter and Glue Sticks

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GLITTER

Glitter is lovely but can be oh so messy! In OVA workshops we often use glitter T-shirt paint which is much easier and cleaner. This is essentially thick acrylic paint (which dries clear) with glitter suspended in it. *(Note: Standard glitter GLUE is never recommended.)*

Glitter T-shirt paint is available in the usual gold and silver, but also many colors (and often on sale after the holidays because uninitiated retail people believe glitter is only good for holidays - please don't reveal our dark secret so they will continue to put them on sale!)

Two brands I like are Tulip and Scribbles, shown at right. They are available at art/craft supply stores like Michaels, JoAnns, and also Amazon. *(Note: I do not recommend nor shop at Hobby Lobby due to their draconian employee policies regarding women's health.)*

Glitter T-shirt paint is one of the last embellishments to add, so if you can't get it before the workshop, you can always add it later.

Two ways that I use glitter T-shirt paint:

1. I use a little bead of glitter T-shirt paint to act as glue for rhinestone application, the glitter shows around the edges when you push the rhinestone down into it, and looks great. You can apply glitter T-shirt paint to paper, wood or fabric.
2. I also brush it on for a veil of glitter effect.



GLUE STICKS

Glue sticks are always useful when gluing paper, I find that Uhu is the best, although is not always as easy to find as the other brands. (Amazon has it.) All glue sticks, once opened, will stay moist longer if stored in a zip-close plastic bag.

ADHESIVE FOAM CIRCLES/DOTS

These are optional but fun for adding dimension to projects, particularly when adhering a design element that has been cut out from card stock, because the adhesive foam circles lift the design element up for a 3-D effect. These are usually found in the scrapbooking department.



Glues

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For most workshops requiring glue, you may need hot glue and/or Aleene's Original Tacky Glue.

GLUE GUNS: LO-TEMP RECOMMENDED

A small, lo-temp glue gun can be found for under \$5 at local art/craft stores like JoAnns or Michaels, a little higher on Amazon.

Lo temp is recommended unless you are an avid crafter experienced with using a high temp glue gun because ouch!



You'll need extra lo-temp or all-temp glue sticks unless the glue gun comes with more than 5-10 sticks.

A discarded coffee mug with a stable, flat bottom makes a good holder while working with a hot, drippy glue gun.

Wooden toothpicks can help nudge the hot glue around.

← Glue sticks are also available in glitter! Woooo hoooo!

Advantage: Hot glue dries almost instantly Disadvantage: hot temp requires care to use



ALEENE'S TACKY GLUE

Aleene's Original Tacky Glue is an all-purpose adhesive that works on many surfaces, in OVA workshops we often use it on wood or paper maché bases. Its thick, tacky formula grabs items on contact and dries clear, strong and permanent. It's nontoxic and cleans up easily with soap and water before drying. Drying time is approximately 30-50 minutes (depending on humidity and air temperature.)

Available in sizes from 2 oz. (shown) to a gallon! Two ounces is plenty for any OVA online project, and I have found this size in the dollar stores when I am lucky! Also available on Amazon.

Wooden toothpicks or popsicle sticks can help apply glue and nudge it around.

Advantage: no burning fingers with hot temperatures!

Disadvantage: Takes 30-50 minutes to dry

